

- Ninpo Taijutsu -

四 級 (YON-KYU / 4th Kyu)

1. 受身型体変術〔二〕(UKEMI GATA TAIHEN-JUTSU II)
 - (1) 小手返し (KOTE GAESHI)
 - I. 表逆に捕られた場合-----横流れ
(To escape from Omote Gyaku--- YOKO NAGARE)
 - II. 裏逆に捕られた場合-----前方回転・前方転回・立ち流れ
(To escape from Ura Gyaku--- ZENPO KAITEN/ZENPO TENKAI /TACHI NAGARE)
 - (2) 背負い返し (SEOI GAESHI)
 - I. 背負に投げられた場合-----前方転回・前方飛び
(To escape from Seoi-Nage-----ZENPO TENKAI / ZENPO TOBI)
 - II. 大外に掛けられた場合-----横斜め捻ねり回転
(To escape from Osoto-Gake-----HINERI KAITEN)
 - (3) 巴返し (TOMOE GAESHI)
 - I. 金的蹴(Kinteki Geri) II. 恥骨蹴(Chikotsu Geri) III. 尾底骨蹴(Biteikotsu Geri)
 - (4) 車返し (KURUMA GAESHI)
巴投げのまま回転し上になって締め (Rolling together, then Shime.)
2. 破術の法基本型 (HAJUTSU NO HO KIHON GATA)
 - (1) 腰砕き (KOSHI KUDAKI)
 - I. 七抜突き入れ(Shichibatsu Tsuki-Ire) II. 七抜蹴込み(Shichibatsu Kekomi)
 - (2) 拳砕き (KEN KUDAKI)
 - I. 突き来るを、左右拳にて腕急所打ち砕く。
(A one-two to the opponent's mid-arm from the outside.)
 - II. 右突きを左拳にて受け、右手拳にて右腕弱筋打ち砕く。
(Uke, then Tsuki to the nerve point around the middle of the inside of the biceps.)
 - III. 右突きを右足にて蹴り砕き、右拳にて右腕再度打ち砕く。
(Kick the punching arm upwards with a Sokushi Geri, then Tsuki to the nerve point around the middle of the inside of the biceps.)
 - IV. 右蹴りを右拳にて打ち受け、右足にて左足急所を蹴込む。
(Tsuki to the inside of the lower leg, then kick with a Sokuyaku Ken to the area around the middle of the other leg's thigh.)
 - (3) 蹴り砕き (KERI KUDAKI)
 - I. 突きを蹴り上げ、蹴落とし、蹴り払う。
(Kick up, kick to the side or kick down from a Tsuki attack.)
 - II. 蹴込みを蹴上げて、踵で反対足に蹴込む。
(Kick the attacking leg up, then kick the opponent's supporting leg from a Keri attack.)
 - III. 蹴込み変わし、金的足指蹴り。
(Kick to Kinteki from a Keri attack.)
 - IV. 蹴込みを変わし、踵で反対足折り砕く。
(Kick with the heel to the mid-thigh from a Keri attack.)
 - V. 突きを変わし、足甲踏み押さえ、横になり踵で水月又は仏滅を刈る如く蹴込む。
(Slam the heel onto the opponent's foot, then kick with the heel to the area around the top of the femur or stomach area from a Tsuki attack.)